



A UNIQUE ATHLETIC LEADERSHIP EXPERIENCE

Sunday, November 13, 4-6pm • Londonderry, New Hampshire

High school athletes from any sport who want to play in college are invited to a two-hour session with local coach and counselor Shawn Brown and sports life coach and team builder Jeff Levin. Relax and learn with your friends about how to navigate and enjoy the college recruiting process, how to make yourself more attractive and compelling to the coaches you want to play for, and how to be way more confident, focused, and successful in your sport.

Some of the topics to be covered:

- Learn to work the mental side of your game just as you do the physical/skill side.
- You 20, Stress 0: Win the College Recruiting Game!
- Have fun with your friends and gain crucial knowledge to make your dreams come true.
- Up Confidence, Down Stress: Enjoying the Recruiting Process.

Please Join Us! You will:

- Learn exactly what college coaches are looking for.
- Learn how to navigate and register with the NCAA.
- Learn how to be more coachable and mentally strong.
- Learn how to let go of mistakes and stop comparing yourself to others.
- Learn how to be less stressed and more confident.
- Learn how to enjoy the journey!

Location

The program will be in the back of Creative Little Angels, 40 Mammoth Road, Londonderry, New Hampshire.

Cost

\$30 in advance - \$35 at the door. Sign up with one or more friends, and everyone pays \$25!

Registration

Make check payable to Shawn Brown and mail to:
28 Robin Drive
Hudson, NH 03051

or you can also pay with your credit card at www.paypal.com: "Send money" to jeff@jefflevincoaching.com.

Questions?

Please call or text Shawn at (603) 557-6030; t-d-j@comcast.net or Jeff at (603) 496-0305.

Jeff Levin, M.A.T., M.S.W.,

Born and raised in Newton, Massachusetts, and a graduate of Dartmouth College, Boston College School of Education, and the Smith College School for Social Work, Jeff has devoted his professional life (35 years and counting) to supporting young people. He began his professional career as a middle-school English teacher in Carlisle, Massachusetts, and since then has worked as a psychotherapist and life coach



with individuals and groups in a wide variety of settings to help teams, individual athletes, young people, families, and corporations all over the country.

Shawn Brown, M.Ed.,

grew up in the great state of New Hampshire, received his BS from the University of Southern Maine, and his M.Ed. from Rivier College. He worked in the clinical field for eight yrs before he went in to the public sector, where he worked as an Assistant Principal and counselor at both the elementary and



high school levels. In his 17 years working in the public school setting, he has worked with students in many different forums including college process, transitioning, and Lea's NCAA. Shawn has also coached at every level in football, basketball, and baseball. He enjoyed a long career playing baseball, including pitching in the college world series. Shawn and his wife, Mary Lou, have three boys: their oldest attends Northeastern University, where he pitches for the baseball team and pitched against the Red Sox last spring in his college debut. Their middle son attends UMASS-Amherst and plays baseball for the Minutemen. Their youngest son is a senior in high school and has multiple offers to play golf at college.

Registration Form

Cost: pre-registration \$30; \$35 at the door. Groups of two or more, \$25 each. Please email registration form and waiver to t-d-j@comcast.net or mail along with check payable to:
Shawn Brown, 28 Robin Drive, Hudson, NH 03051

You can also pay with your credit card at www.paypal.com:
"Send money" to jeff@jefflevincoaching.com.

Pre-registration is recommended; pre-registrations must be received no later than Thursday, November 10.

Name: _____

Address: _____

Home phone: _____ Cell phone: _____

Email: _____

Date of birth: ____/____/____

High School: _____ Graduation date: _____

High school coach: _____

Sport: _____

Three goals for athletics/life:

1. _____

2. _____

3. _____

Parents' names, contact numbers, and email addresses:

Names _____

Phones _____

Email _____

Workshop Waiver

Coverage for accidental injury is required by all participants. In most instances, family health insurance will suffice.

Insurance policy: _____

Policy #: _____

I/We, being the legal guardian(s) of the applicant, _____

_____, authorize Jeff Levin, Shawn Brown, and their agents permission to request medical treatment as necessary to insure the well-being of my dependent.

Guardian(s) Signature: _____

_____ Date: _____

I/We the undersigned, for ourselves, our heirs, executors, and the administrators, waive and release and forever discharge Jeff Levin, Shawn Brown, staff, officers, agents, representatives, employees, successors, and assigns of and from any and all rights and claims for damages to person or property which may be sustained or occur during participation in the camp.

I/We understand that the applicant is in good physical and emotional condition, allowing him to participate in this Levin Student-Athlete Workshop.

Guardian(s) Signature: _____

_____ Date: _____